MDHHS Health Advisory October 11, 2019:
E-cigarette, or vaping product use associated lung injury (EVALI)

On October 11, 2019, the Centers for Disease Control and Prevention (CDC) released updated clinical guidelines for the identification and management of patients with e-cigarette, or vaping product use associated lung injury (EVALI). Michigan Department of Health and Human Services (MDHHS) is immediately sharing the updated clinical guidance as published in the attached MMWR Early Release: Interim Guidance for Health Care Providers Evaluating and Caring for Patients with Suspected E-cigarette, or Vaping, Product Use Associated Lung Injury — United States, October 2019.

Based on updated guidance from CDC, MDHHS is providing the following health advisory:

- CDC and MDHHS recommend that persons should not use e-cigarette, or vaping, products that contain tetrahydrocannabinol (THC).
- At present, CDC and MDHHS recommend persons consider refraining from using e-cigarette, or vaping, products that contain nicotine.
- Irrespective of the ongoing investigation, e-cigarette, or vaping, products should never be used by youths, young adults, or women who are pregnant.
- Persons who do not currently use tobacco products should not start using e-cigarette, or vaping, products.
- Persons should not buy any type of e-cigarette, or vaping, products, particularly those containing THC, off the street.
- Persons should not modify or add any substances to e-cigarette, or vaping, products that are not intended by the manufacturer, including products purchased through retail establishments.
- Adults who are vaping should not smoke combustible cigarettes as a replacement for nicotine. E-cigarettes are not FDA approved as a smoking cessation device. Free help is available for individuals who are interested in quitting tobacco at 800-QUIT-NOW (800-784-8669).
- Clinicians should report all patients with severe lung injury of uncertain etiology and associated with vaping. The reporting form with instructions for report submission is posted at www.michigan.gov/cdinfo.

Updated clinical guidelines are provided in the attached October 11, 2019 MMWR.

In addition, MDHHS has made minor revisions to the patient reporting form and is making a patient vaping intake form available to providers who wish to record details about their patients’ vaping practices. Both are attached.

*** This alert is being sent to: Local Public Health, Hospitals, Physicians and Clinics, EMS Roles, Regional Epidemiologists, Medical Examiners, Regional Healthcare Coalitions, Emergency Management, and MDHHS BETP and CD ***