Fall break is almost at an end, winter break plans are being made, and you’re rushing through the rest of the quarter to get done as soon as you can. Keep in mind that your body can only function as well as you allow it to. Make sure to get enough sleep for your brain to process information. Also make sure to eat at least three times a day. It keeps your body healthy and your immune system in good shape to fight off illnesses that many students contract during this time in the quarter. It’s not difficult to make excuses of why you can’t sleep for at least six hours or eat more than once a day. Take care of yourself, and you’ll be prepared to finish the quarter off well. Have a safe and happy winter break!

Winter Break is approaching!

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Tip of the month:

• Make special note of deadlines
  It can be extremely easy to let yourself get lost in the rush of everything else going on around you. It can also be easy to lose sight of deadlines for papers, and applications.
  Make notes in your planners, your phones, binders, your syllabus and other places you know you are going to look at frequent basis. Get those papers done in time, submit those applications on time.

Important Residence Halls Information

As the quarter comes to an end, the last thing on your mind is making sure everything falls into place to check out of the dorms for winter break. Please be sure to make your travel plans accordingly! The residence halls, as well as the Living Learning houses, will close on Wednesday, November 21st at 9am. The last meal in the Dining Center will be dinner on Tuesday, November 20th. Remember that there is a late check out fee! So pack everything the day before and go to bed early to insure that you will get enough rest. Set your alarms, and this time, don’t press the snooze button!
You may already be familiar with the Tuesdays with Wind Down Wednesdays, Zoo Flicks and Zoo After Dark series. However, those are not the only series that the Office of Student Involvement runs. The other series include Game On!, Stress Free Zone, and Birthday Parties.

Game On! includes game tournaments 3 times a quarter, and vary from Billiards to Ping Pong to video games. Stress Free Zones include chair massages, yoga, zumba and other relaxing activities. The Birthday Parties occur every quarter. Months are paired together, and students who have a birthday during that month are invited to enjoy cake and play games. Keep an eye out for these fun series!

Important dates

Nov. 1st-4th - Fall Play in Balch Theater
Nov. 5th - Game On! Smash Bros video game tournament
Nov. 16th - Rent-a-pup sponsored by Zoo-Keepers
Nov. 16th-17th - Acapella Concert in Stetson
Nov. 18th - Exams begin
Nov. 21st - Winter break begins
Nov. 22nd - Thanksgiving

Other Series’

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